

# Pilates



<b>Pilates</b>		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
	6:30am		Reformer Kacie		Reformer Kacie				
	8:30am	Jump Jodi	Reformer Jodie	Reformer Jodi	Reformer Brigitte	Reformer Brigitte			
	10:00am	Reformer Jodi	Reformer Jodi	Reformer Jodi	Jump Brigitte	Jump Brigitte			
	11:30am	Reformer Jodi	Reformer Jodi	Reformer Jodi	Reformer Brigitte	Reformer Briggite			
	5:30pm	Reformer Jodi		Reformer Alternating Instructors					

**Schedules online at [www.ddaonline.com](http://www.ddaonline.com)**

**Speak to a Membership Director for More Information**

**Effective June 15th, 2020**